

# I'm Not Your Inspiration:

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Disability Advocacy & Etiquette

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- Individuals with Disabilities
- YLF staff and/or alumni
- Disability Advocates
- Working and/or obtaining degrees in disability-related field

# What Will You Take Away Today?

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- Increased awareness of.....
  - the need for high expectations in order to empower youth with disabilities in setting goals and achieving independence
  - the role disability advocacy and etiquette play in increasing self-determination and positive outcomes for youth with disabilities
  - the importance of disability etiquette in the positive perception of disability

# The Importance of Disability History



- ✓ To appreciate how individuals with disabilities were once viewed and treated
- ✓ Provides opportunity to learn how people with disabilities were instrumental in changing history and societal attitudes about their needs, desires and capabilities
- ✓ To help ensure that history is not repeated
- ✓ To help ensure that movement towards an even more accessible society in future generations continues

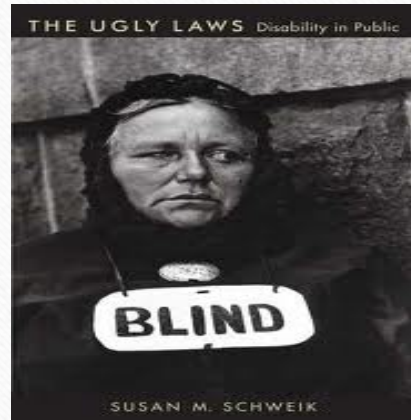
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[www.yodisabledproud.org](http://www.yodisabledproud.org)

# Holocaust



# Ugly Laws



# Forced Sterilization



# Institutionalization



# Americans With Disabilities Act- 1990

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- Title I - Prohibits discrimination because of disability in hiring, job training, promotion, and firing.
- Title II- Prohibits discrimination against individuals with disabilities in state and local government programs and activities.
- Title III - Prohibits discrimination on the basis of disability in public establishments such as hotels, restaurants, theaters, auditoriums, offices, museums, parks, zoos, banks, etc.
- Title IV - Access to telecommunications must be provided a reasonable cost to those with hearing or speech disabilities. Telecommunication Device for the Deaf (TDD).
- Title V - Addresses procedural guidelines, litigation, and technical assistance for people with disabilities who wish to use the ADA to combat discrimination.

# Group Activity

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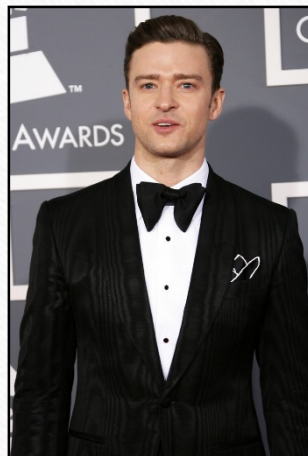
# Who Am I?



A.



B.



C.



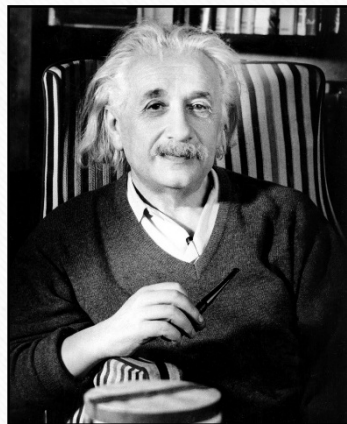
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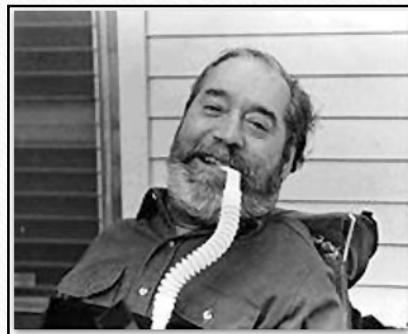
E.



F.



G.



H.



I.

- I contracted polio at the age of 14. I was the first student with a severe disability to attend UC Berkeley. I advocated in order to be accommodated and live on campus. I set the Model for the Independent Living Movement and cofounded the World Institute on Disability.
- I was left blind and deaf after a bad fever. At age six my tutor taught me the ASL alphabet and opened up my world. I graduated with a Bachelors of Arts in 1904. Due to my writing, I was once considered one of the most famous and motivational figures with a disability in America. I was an activist and lecturer and also founded and promoted the American Foundation for the Blind.
- I portrayed a wheelchair user on a popular T.V. show. Committees of performers with disabilities feel that casting an able-bodied actor to play a person with a disability is inappropriate.

- I was in a famous band from the early 2000s. Two of my solo albums have sold more than 14 million copies. I have OCD/ADD.
- I had dyslexia, and I was the producer of many cartoons, films and the founder of the happiest place of earth.
- I'm a Mexican artist who was in a horrible bus accident and painted many portraits that represented my pain.
- I was a U.S. president with polio and was usually carried, though it seemed I was walking.
- I was attacked by a shark which left me with a severed arm. I continue to pursue my passion to become a professional surfer.
- I was a German physicist with dyslexia who developed the theory of relativity:  $E=mc^2$ .

# Advocacy

- What is it? Why is it important?
- Examples

# Pride

Research shows that a positive sense of self and self-acceptance is critical to individual success.

# Ableism

Definition and examples of ableism; how to recognize it and stop it.

# Inspiration Porn

What is Inspiration Porn? What's so bad about being inspiring?

# Disability Etiquette

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- What does etiquette have to do with advocacy?
- *Language*
- *Person Centered*
- *Respecting Accessible Spaces*
- *When to Help*

# *Language:*

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- The words we use when talking about disability are very important in the perception of disability as negative or positive.
- The words we choose to use affect the way we and others think about disability.
- Specific respectful and acceptable alternative terms
  - handicapped vs. disabled or accessible
  - retarded vs. intellectual or developmental disability
  - wheelchair bound vs. wheelchair user
  - special needs vs. disability #saytheword
  - Insanity vs. mental health disability

# Your Words, Our Image

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8<sup>th</sup> Edition



Your Words, Our Image 8th Ed..pdf

# Guidelines

8<sup>th</sup> edition



Guidelines 8th edition1.pdf

# *Person Centered:*

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- “Nothing about us without us!”
  - Include us in all discussions and decisions that affect us, and speak directly to us.

# *Respecting Accessible Spaces:*

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- Parking, restrooms, etc.
  - It's NOT ok to use designated accessible spaces even if you'll only be a "few minutes."
  - (*visual examples*)

# *When to Help:*

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- Examples of when and how to help

We're Here,  
We're Loud,  
We're Disabled & Proud!

# Questions & Answers

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- Responding to specific situations
- General questions

# Resources

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- Links to presentation resources
- Additional resources
- [http://www.yodisabledproud.org/organize/disability-history-week.php#dhw\\_content](http://www.yodisabledproud.org/organize/disability-history-week.php#dhw_content)
- <https://www.osep-meeting.org/video.aspx> (IDEA 35th Anniversary video)
- The Music Within (movie)
- Ed Roberts <https://www.youtube.com/watch?v=ZxidR5SZXxA>

BE AN  
ADVOCATE



# Resources

BE AN  
ADVOCATE



CFILC  
cfilc.org

## Independent Living Centers (ILCs)



Yo! Disabled & Proud  
Yodisabledproud.org

## Other Advocates



# Presenter contact info

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