

# “Transition for Your Teen”

## A Series of Student & Parent Workshops

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## Our Goals for Parent Workshops

- Establish stronger ties between district/schools and parents,
- “We are in this together!”
- Offer guidance to students and parents while still in high school,
- “Let’s start early!”
- Bring together community members and organizations to identify resources, “Look at all options”
- Provide strategies to improve communication between teens and their parents “Talking with teens IS possible!”
- Strengthen student’s self advocacy skills and family’s awareness of rights and responsibilities, “This is who I am!”



## Workshop Titles and Timelines

- #1: Strengthening Communication ⇨ September
- #2: Community Resource Fair: Exploring All Options ⇨ Nov.
- #3: Empowering Your Self-Advocacy ⇨ February
- #4: Transition to Adulthood for 12<sup>th</sup> Graders ⇨ April
- #5: Making Summer Count ⇨ May



## Strengthening Communication

- Speaker from Adult Education, Parenting Class presents techniques related to “Positive discipline” practices.
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- Tips for monitoring student conversations with peers and in awkward or uncomfortable situations.
  - respecting privacy.
  - Offer tips to teens of ways to approach a conversation.



## Community Resource Fair: Looking at All Options

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- Industries, Job Corps, Able-Disable
- Community College Disabled Student Services
- Local Community Services such as library, recreation centers, health centers
- Advocacy and Parent Support Agencies



## Empowering Self-Advocacy

- disability and strengths
- Gradual Release of Responsibility
- Student-Led IEP's
- How rights change after graduation

## Transition for 12<sup>th</sup> Graders

- Department of Rehabilitation counselor makes intake appointments
- Community College representatives provide registration packets and course guides
- Employment Centers sign up participants
- Goal setting

## Making Summer Count

- families
- Provide dates and agency contacts for completing community service hours
- Work permit information and tips for completing job applications and interviews
- Schedule of continued educational opportunities



## Thank You for Coming!

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