

CaPROMISE Interns and Career Service Coordinators:

EFFECTIVE COLLABORATION BEST PRACTICES

ICE BREAKER ACTIVITY ❄️

- What Can a Graduate Intern Do? ©

INTERN SURVEY

- Identify Areas of Interest
- Balance Strengths and Opportunities
- Pair CSC and Intern
- Establish Shared Responsibilities

San Diego Unified School District – CaPROMISE
SDSU Student Intern Survey

1. Name _____

2. Area of San Diego where you live? _____

3. Availability this Summer:

Monday

Tuesday

Wednesday

Thursday

Friday

4. Interests in Special Projects for CaPROMISE?

5. Examples of Best Practices used at Irvine USD that we should replicate at SDUSD?

6. Community-Based Organizations that you are affiliated with?

7. Equipment Needs.

BEST PRACTICES FOR EFFECTIVE COLLABORATION

- Services and Supports
 - Core Service Categories
- CaPROMISE Work Skills Lab
- Interagency Efforts
 - Ongoing Volunteer Opportunities

SERVICES AND SUPPORTS

1. Case Management/Transition Planning
2. Financial Planning and Benefits Management
3. Career and Work-Based Learning Experiences
4. Parent/Guardian Training and Information
5. Other Services and Supports

SERVICES AND SUPPORTS

- Person Driven Plan Summary Sheet
 - Developed as Supplement to the IEP
- Student Led IEP

Student Name:

Date:

My Education Plans are:

- High School
- Post High School

My Independent Living Skills Goals are:

My Career Interests are:

My Plan for the Future
CaPROMISE
Person Driven
Planning/IEP
attachment

What I want to Accomplish this year is:



My Career Service Coordinator is:

JJ's Story

- Banding Together
 - Music Therapy
 - Behavior Management
 - Social Skills
 - Youth Development
- SLP Collaboration
 - Communication Skills → Independence
- ABA Services
 - Benefits Planning
 - Communication Skills

Banding Together

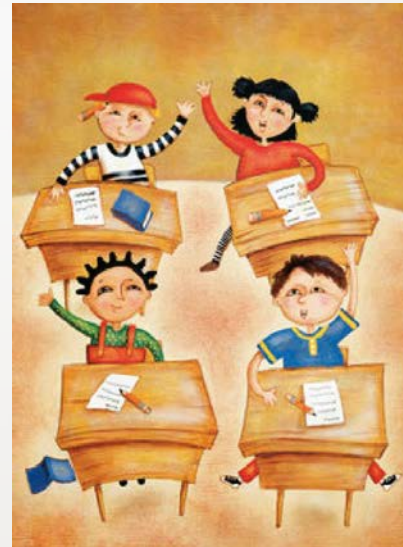
- Music Therapy
- Individual and Group Sessions
 - Social Skills
 - Promote Wellness
 - Manage Stress
 - Express Feelings
 - Enhance Memory
 - Improve Communication

SLP Collaboration

- Communication Skills
 - Express Himself (needs, interests etc.)
- Communication Book
 - Paper Copy
- Pictello
 - Social Story
 - Mobility Training

Applied Behavioral Analysis (ABA)

- Communication Goal
- Youth Recently Approved
- Parent Received a List of Approved Providers but most had a 5+ month long Waiting List
- A List of ABA Service Providers was Created in the San Diego County area who Accepted Medi-Cal and Other types of Insurances



**APPLIED
BEHAVIOR
ANALYSIS**

Parent Survey

- Designed to Identify Immediate Questions and Concerns
 - Take Home Assignment to Address Rising Issues
- Beginning: Concerns for the Youth and/or Families
- Types of Activities, Workshops & Events of Interest
- Now: Address Existing or New Concerns

Down Syndrome Association

- Introduced CaPROMISE families to DSA
- Local, accessible support system
- Students create new relationships and enhance their social skills through fun activities-- karaoke and dancing!
- Reoccurs several times during the year



IMPACT ON YOUTH AND FAMILIES

- Video (In Progress)

CaPROMISE WORK SKILLS LAB

- Planning Meetings → Shared Responsibilities
- America's Job Center
 - YEOP
- Lifelong Memberships
 - Access to Additional Services
- Employment Prep for Students and Families

CaPROMISE WORK SKILLS LAB

- Continuous, One-on-One Assistance
- Short Educational Presentations
 - Resume Writing, Hygiene, Job Interviewing, Job Retention etc.
- Interactive Games
 - Jeopardy, Bingo etc.
- Resumes, Cover Letters
- Job searching
 - Job Tracker Sheet

IMPACT ON YOUTH AND FAMILIES

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INTERAGENCY EFFORTS

- Fostering Community Linkages
 - Volunteer Opportunities
 - Animal Pad and #Lunchbag
 - For Students and Families

EVIDENCE BEHIND VOLUNTEERING

- The Corporation for National and Community Services stated that volunteering is associated with a **27% higher chance of employment**.
- Study conducted by the Center for Economic and Policy Research found that unemployed people who volunteered between 20 and 99 hours during the year were roughly **7% more likely to have found employment one year later** compared to those who didn't volunteer.
- **85% of hiring managers believe resumes** that include volunteer experience **are more impressive**.

THE ANIMAL PAD

- Attended First Event in March
- Students Gain Experience
 - handling dogs
 - conversing face-to-face with potential adopters
 - working as a team
 - building relationships with other volunteers



"We are so grateful and appreciative of the students who come to help..." -Maureen, Volunteer Coordinator

#LUNCHBAG

- Attended First Event in August
- #Lunchbag Makes and Distributes Lunches to Homeless Individuals in Downtown San Diego
- Students Form an Assembly Line
 - to create sticky notes that provide encouragement
 - make sandwiches pack lunch items in brown bags
 - distribute lunches

"It feels good to help others!" ~ Tyrique



ORANGE COUNTY

- Volunteer Events for Students and Families
- One Day Experiences
 - Back to School, Farm Day, Park Clean Up
- Identify Interests
- Identify Skills and Areas for Improvement

ORANGE COUNTY

- Developing Reoccurring Opportunities with Students in the Irvine, Garden Grove and Anaheim Areas
- Upcoming Volunteer Events:
 - December 12: Giving Children Hope – Wrapping Gifts
 - December 17: Friendly Center – Holiday Distribution
 - December 26:



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THANK YOU

